

## **Psalm 146 – Trust in the Eternal King**

*One of the final Hallel psalms, beginning and ending with “Hallelujah” (“Praise the LORD”).*

*1 Praise the LORD!*

*Praise the LORD, O my soul!*

*2 While I live I will praise the LORD;*

*I will sing praises to my God while I have my being.*

This psalm begins with personal, intentional worship. The psalmist doesn’t wait for perfect circumstances—he commits to praising the Lord *as long as he lives*. This isn’t a performance; it’s a declaration of devotion.

### **Personal Application:**

Praise isn’t dependent on how you feel—it’s a choice rooted in who God is. Make it your aim to praise God daily. If you have breath, you have a reason to praise (Psalm 150:6). Don’t wait for heaven to start singing—start now.

*3 Do not put your trust in princes,*

*Nor in a son of man, in whom there is no help.*

*4 His spirit departs, he returns to his earth;*

*In that very day his plans perish.*

Human leaders—even the most powerful—are still mortal. Their influence is temporary. Their promises are limited. The best of men are still men.

### **Personal Application:**

Don’t place your ultimate hope in governments, politicians, or human institutions. They are finite and fallible. Trust instead in the One who never dies, never lies, and never changes. God’s help is not based on polling numbers or public approval—it’s eternal.

*5 Happy is he who has the God of Jacob for his help,*

*Whose hope is in the LORD his God,*

The truly blessed person is not the one with political clout or worldly success, but the one who depends on God for strength and puts hope in Him alone.

### **Personal Application:**

Ask yourself: where is your help coming from? Real joy comes when we anchor our hope in God—not in our ability, our income, or our status. God helped Jacob, a man far from perfect. He can help you, too.

*6 Who made heaven and earth,*

*The sea, and all that is in them;*

*Who keeps truth forever,*

The One we trust is not only faithful—He is the Creator. He has power over all creation, and He never breaks His Word.

**Personal Application:**

When you face uncertainty, remember: the same God who created galaxies holds your life in His hands. His truth is not seasonal or circumstantial—it endures forever. Build your confidence on His Word, not on shifting trends.

*7 Who executes justice for the oppressed,  
Who gives food to the hungry.  
The LORD gives freedom to the prisoners.*

God is not detached from the pain of this world. He acts on behalf of the broken. He brings justice. He provides for the needy. He sets captives free.

**Personal Application:**

Do you feel overlooked or forgotten? God sees you. He draws near to the oppressed and the hungry. He brings freedom—not just physical, but spiritual. Let your pain lead you to the God who restores.

*8 The LORD opens the eyes of the blind;  
The LORD raises those who are bowed down;  
The LORD loves the righteous.*

This verse anticipates the ministry of Jesus—healing, restoring, and uplifting the humble. But it also reflects God’s ongoing work through all generations.

**Personal Application:**

God still opens blind eyes—physically, emotionally, and spiritually. If you’re weighed down today, cry out to Him. He delights in lifting up those who humble themselves before Him. And He loves those who walk with integrity.

*9 The LORD watches over the strangers;  
He relieves the fatherless and widow;  
But the way of the wicked He turns upside down.*

God’s care extends to the most vulnerable—foreigners, orphans, widows. He is the Defender of the defenseless. But those who persist in wickedness will be overturned.

**Personal Application:**

You don’t need to fight every battle yourself. Trust the Lord to be your Defender. Walk in His ways and let Him handle the outcome. Justice belongs to Him, and He sees every injustice, no matter how hidden.

*10 The LORD shall reign forever—  
Your God, O Zion, to all generations.  
Praise the LORD!*

This closing line lifts our eyes from temporary trials to eternal truth: God reigns now and always. His kingdom is unshakable. He's not a regional god or a seasonal helper—He is *forever King*.

**Personal Application:**

Take comfort in this: *God is still on the throne*. He is not surprised by the headlines or overwhelmed by your situation. Your security doesn't come from stability in the world—but from the One who rules above it.

**Conclusion: The Better Place to Put Your Trust**

Psalms 146 reminds us where to put our confidence. Not in people. Not in power. But in the living, eternal, faithful Creator and Redeemer. He is compassionate, just, and near to all who call upon Him.

*"Happy is he who has the God of Jacob for his help, whose hope is in the LORD his God."* (Psalm 146:5)

Let this psalm shift your focus from human solutions to divine strength. And let your soul join in the cry of the psalmist:

*"Praise the LORD!"*