

Psalm 105:1–45 is a beautiful call to remembrance and praise, recounting God’s faithfulness to His covenant people. It opens with a series of exhortations, practical commands for every believer:

"Oh, give thanks to the LORD! Call upon His name; make known His deeds among the peoples! Sing to Him, sing psalms to Him; talk of all His wondrous works!" (Psalm 105:1–2, NKJV)

We are told to:

1. Give thanks.
2. Call on His name.
3. Make His deeds known.
4. Sing to Him.
5. Talk of His works.

This is not passive religion. This is vibrant, expressive worship and testimony. God loves when His people talk about Him—not just in formal prayer, but in everyday conversation. Malachi 3:16 tells us that when those who fear the Lord speak to one another, God listens and records it in His book of remembrance. Our words about Him matter.

The psalmist continues:

"Glory in His holy name; Let the hearts of those rejoice who seek the LORD! Seek the LORD and His strength; Seek His face evermore! Remember His marvelous works which He has done, His wonders, and the judgments of His mouth" (vv. 3–5).

These verses offer us a model for spiritual vitality: glory, rejoice, seek, and remember. These aren’t empty words; they lead us to intimacy with God and stability in our faith. When we forget His works, we wander. But remembering fuels praise and strengthens our walk.

"O seed of Abraham His servant, You children of Jacob, His chosen ones! He is the LORD our God; His judgments are in all the earth. He remembers His covenant forever..." (vv. 6–8).

God made an everlasting covenant with Abraham, confirmed it to Isaac, and established it with Jacob. He promised to give them the land of Canaan as their inheritance (vv. 9–11). This wasn’t based on their numbers or strength—they were few and nomadic—but on God’s sovereign promise.

"When they went from one nation to another... He permitted no one to do them wrong; Yes, He rebuked kings for their sakes, saying, 'Do not touch My anointed ones, and do My prophets no harm'" (vv. 12–15).

God preserved His people through famine and exile. He sent Joseph ahead to Egypt, preparing the way (vv. 16–22). Joseph’s suffering in prison served a greater purpose: the salvation of many. Even when we don’t understand the trials we face, God is preparing us to be a blessing in His time.

"Israel also came into Egypt... He increased His people greatly and made them stronger than their enemies" (vv. 23–24).

But with growth came opposition. God raised up Moses and Aaron, worked signs in Egypt, and brought deliverance. Verses 25–36 recount the ten plagues with vivid detail—darkness, blood, frogs, flies, hail, locusts, and finally, the death of the firstborn. These were not random acts of nature but divine judgments, demonstrating God's power over false gods.

"He also brought them out with silver and gold, and there was none feeble among His tribes. Egypt was glad when they departed..." (vv. 37–38).

God didn't just free Israel—He enriched and healed them. They walked out of bondage with strength and provision. This is a picture of our spiritual deliverance: from slavery to freedom, from poverty to inheritance.

"He spread a cloud for a covering, and fire to give light in the night" (v. 39).

God didn't abandon them after redemption. He covered them by day and lit their path by night. The cloud gave shade from the desert sun; the fire gave visibility and warmth. God's care is constant.

"The people asked, and He brought quail, and satisfied them with the bread of heaven. He opened the rock, and water gushed out" (vv. 40–41).

These miracles remind us that God can provide in barren places. He still opens rocks and sends manna—spiritually and physically—when His people rely on Him.

"For He remembered His holy promise, and Abraham His servant. He brought out His people with joy... He gave them the lands of the Gentiles, that they might observe His statutes and keep His laws. Praise the LORD!" (vv. 42–45).

Why did God bless Israel? Not only to deliver them—but that they might walk in obedience. His grace leads to purpose. The final verse brings it full circle: all God has done for His people calls for one response—*"Hallelujah! Praise the LORD!"*

Personal Application:

- Make worship and thanksgiving part of your daily routine. Psalm 105 gives you a list of ways to do that.
- Reflect often on what God has done in your life. Remembering His works strengthens your faith for the future.
- Know that your trials have purpose, just like Joseph's did. God is shaping you to bless others.
- Trust God's provision, even in dry places. He still sends bread from heaven and water from the rock.
- Live in obedience—not to earn God's blessing but because you already walk in it.

Let Psalm 105 be your roadmap for grateful praise and faithful living. Let it stir in you the joy of remembering and proclaiming all that God has done.

"Praise the LORD!" (Psalm 105:45)